

The logo for Moxie Productions is centered at the top. It features the word "MOXIE" in a large, red, stylized font with a white circle in the center of the 'O'. Below it, the word "PRODUCTIONS" is written in a smaller, white, sans-serif font. Two grey spotlights are positioned on either side of the logo, casting a yellow beam of light that converges at the bottom of the logo, creating a V-shape. The background is black.

**MOXIE**  
PRODUCTIONS

presents  


## From Improv to Text

A workshop conducted by  
**Seth Michael May**

May 20, 12 – 4 pm  
Waterbury Center Grange #237  
Howard Avenue, Waterbury Center

*From Improv to Text* will help you take a monologue or scene and make it *your* monologue and allow you to play the scene as only *you* can. Bring in any monologue or scene — classical or contemporary — and we will guide you through sensory work, listening skills, movement exercises, point of view, and ensemble work. We will tackle common problems actors encounter both in working on monologues on their own and auditioning with them.

This workshop allows the actor to hone a more receptive instrument to create characters that continue to evolve and surprise. The 5 senses are a powerful vehicle for the actor to access imagination, memory, and impulses. In childhood we had deeper levels of touch, taste, smell, sight, and sound. They can be yours again.

At the end of the workshop you will be doing your TEXT in a way that only YOU can.

Pre-buy: \$20 by 5/15 • Regular: \$25 5/16 and later

PayPal at [www.actingtonimpulse.org/workshop.html](http://www.actingtonimpulse.org/workshop.html), or mail to P.O. Box 264 Waterbury Center, VT 05677

For more information and registration, contact [moxie@pshiftcom](mailto:moxie@pshiftcom) or 802 / 371-7400

**SETH MICHAEL MAY** (SAG, AEA, AFTRA) began acting in 1989 and coaching in 1995. He studied improvisation with Jeff Wirth, Gloria Maddox, and Alan Arkin (Academy Award Winner, *Little Miss Sunshine*), and worked as an assistant to casting director Maureen Fremont. He has studied acting and worked with Herbert Berghof, Terry Schrieber, Viveca Lindfors, Marty Fried, Joe Paradise, Milton Katselas, John Strasberg and Harold Guskin, among others.

He has taught workshops in sensory work, improvisation, and classical theatre in New York, Los Angeles and Europe. In Vienna, members of the Max Reinhardt Academy called the warm-up in his sensory workshop “Better than LSD.”

He has appeared on several television shows including *Law and Order*, *SVU* and *Michael and Michael Have Issues*, as well as in several films. He has performed onstage with such theatre companies as Theatre For A New Audience and MaYi both in the United States and in Europe.

He has recently become the audition coach of choice for Smith Talent Management, and has clients who are represented by William Morris/Endeavor Agency, Gersch, and Frontier Booking, among others. He was also the co-creator and cast member of the improvisational film, *Party Project* which screened in the NY International Independent Film & Video Festival.

**MOXIE PRODUCTIONS** is a Vermont theater company dedicated to the production of theater and art that makes a difference in the lives of artists and their communities, offering performances and educational experiences in central Vermont and New York City. Its eclectic aesthetic, ranging from classic to experimental, offers its participants a broad range of professional and community programming that is open to all willing to expand their experience and/or sharpen their craft. With a longstanding tradition of teaching youth in workshops, camps, and schools, we also offer master classes and professional development with international instructors and techniques from New England and New York City.